

# Swiftwater Safety Rescue Technician Level 1 Safety

### **Course Overview**

Swiftwater Safety Rescue Technician Level 1 course is designed for those that are required to be next to the water's edge and in a low risk river environment. This course is based on personal risk and self-rescue and for those that operate in the transition between the "cold and warm zones".

## **Course Objectives**

By the end of this course the student will have the following understanding:

- Swiftwater theory and absolutes
- Site assessment and emergency planning
- Risk assessment and responsibility
- Personal protective equipment
- Operational limitations
- Hydrology Identification
- Hazard recognition and avoidance
- Basic self-rescue
- Basic throw bag
- Swiftwater wading
- Safety briefing
- Agency and task specific

### Prerequisites

Completion of Swiftwater Awareness Course (included) Good Health and Able to Swim

### **Personal Equipment**

Rescue Canada Provides:

• Throw Bags and Throw bag belts

Students Require: (Available for Rent)

- Thermal Protection Drysuit
- PFD
- Helmet
- Gloves
- Boots



### **Training Format**

Training will be one day plus eLearning:

- eLearning will be sent approximately 2 weeks prior to training and is to be completed prior to the course
- One day practical training on the river

### Day 1 (8:30-16:30)

Paperwork and Introductions Rescue Matrix and Philosophy eLearning Review Personal Protective Equipment Communications Hydrology Identification Hazard Identification Site/Risk Assessments Emergency Planning Swiftwater Swimming Throw Bag and Belay Wading Self-Rescue – Entrapment Agency and task specific Debriefs

### **Completion/Certification**

Swiftwater Safety Rescue Technician Level 1

- Rescue Canada and IRIA Certified
- Valid for 3 years

Upon completion of this course your Skill Sheet and Certificate will be uploaded to your personal student locker. You can access this locker at any time to review and print your certificate, keep track of your training records, and provide the completion status to your organization.

As well as you will receive:

- Swiftwater Safety Rescue Certification Decal
- Rescue Canada Fox 40 Whistle
- Rescue Canada Resource Cards
- Rescue Canada Swiftwater Safety Rescue Manual e-version

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### **Registration/Cancelation**

Registration is done via the website or office. You will be charged a \$100.00 (plus tax) non-refundable deposit at time of registration. This will register you into the course and give you access to the Swiftwater Safety Rescue Awareness eLearning course. This eLearning course must be completed before the first day of the training course.

## Greater than 14 days' notice of cancellation (Student)

Course Tuition:

• When full course tuition has been paid the tuition less the deposit will be returned.

#### **Rental Fee**

- If rental equipment has not been shipped there will be a full refund.
- If rental equipment has been shipped the rental fee will be refunded minus \$25.00 restocking fee and shipping expenses.

### Less than 14 days (Student)

Course Tuition:

• No refund. A portion of the course tuition can be used for a Rescue Canada course within 1 year.

Rental Fee

- If rental equipment has been shipped there is no refund.
- If rental equipment has not been shipped there will be a refund minus \$25.00 restocking fee.

### Absent/Incomplete

When a registered student does not show up for the course, the full tuition will still be charged, and the student does not qualify for any refund. For extenuating circumstances such as injury (with proof if requested) a refund less the deposit can be requested. Student(s) that are unsuccessful or incomplete in the course do not qualify for a refund.

### **Rescue Canada Cancellation**

Rescue Canada reserves the right to cancel/reschedule any course due to, but not limited to, insufficient registrations or unsafe conditions. If Rescue Canada cancels a course, you will receive a full refund less the \$100.00 eLearning course/deposit. The student may choose to transfer their payment to a future course within 1 year